



**Carers
Hub
Lambeth**

Influencing / Connecting / Wellbeing

Carers Week 2021

Help mark this year's Carers Week, June 7th to 13th 2021, by taking part in one of Carers Hub's events for local professionals and community members. Full details overleaf.

- **Carers Awareness sessions**
- **Lambeth Carers Card Facebook Livestream**
- **Stall at Brockwell Park Cafe**



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**Carers
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 **020 7501 8970**

 **@CarersHub**

 **CarersHubLambeth**

Charity Number: 1182120
Company Number: 11403363

**This year's Carers Week theme is all about Making Carers Visible and Valued.
Take part by joining us for:**



Carer Awareness sessions via Zoom

Wednesday 9th June, 1 to 2pm

Thursday 10th June, 1 to 2pm (young carers focus)

Come along to our Carers Awareness sessions to explore how we can all help to **Make Carers Visible and Valued** in Lambeth. Find out more about unpaid carers, the challenges they may face and the support available from Carers' Hub. Open to professionals and volunteers working in Lambeth.

Participants are welcome to attend just one or both of the sessions. Booking via connect@carershub.org.uk or call 020 7501 8970.



Lambeth Carers Card Facebook Live

Friday 11th June, midday

We will be live on Facebook chatting about the support on offer to unpaid carers aged 18 + via the Lambeth Carers Card. Answering questions from carers, local community members and professionals. To join the session please visit the **Carers' Hub Facebook** page at midday on Friday 11th June.

The Lambeth Carers Card connects unpaid carers to helpful information, emergency planning resources and support.



Carers Week stall @Brockwell Park Cafe

Friday 11th June, 3 - 5pm

Want to find out more about the support on offer via Carers' Hub Lambeth? Pop along to our stall at Brockwell Park Cafe and speak to a member of our team. We will be happy to let you know a little more about our service.