



Free Mental Health Telephone Supervision Sessions (Lambeth)

- Are you currently working in a community organisation in Lambeth?
- Would you like advice with helping to enhance the wellbeing of people you support?
- Do you have a particular issue or problem you would like to get advice on?

The Mental Health Promotion Team is currently offering FREE 1:1 telephone supervision support for those working in community organisations in Lambeth. Led by Dr Chanelle Myrie, Clinical Psychologist, these 30 minute sessions will be an opportunity for you to confidentially discuss any mental health or wellbeing issues that have arisen with people that you work with.

Places are limited, and will be running on the following dates and times:



Monday 3rd February 3.30pm-6pm
Thursday 27th February 10am-12.30pm
Thursday 19th March 1pm-3.30pm
Monday 30th March 10am-12.30pm

If you are interested in participating, please sign up for a slot on

<https://zvite.co/i/oU1ozzBb>

or

Contact: chanelle.myrie@slam.nhs.uk for further information.

Lambeth

South London and Maudsley 
NHS Foundation Trust