



How Can We Tell?

Join in a powerful discussion on how we recognise mental health, wellbeing and mental illness in our families and community.

Film showing to those who come early, plus live contributors

Interactive experience in making choices and decisions about our Mental Health

Panel of Guest speakers on Stigma and discrimination

Wednesday 4th March 2015

Doors open from 5.15pm: Start 5.45pm-9pm

At Karibu Education Centre, 7 Gresham Road, Brixton, SW9 7PH

Please book your place by email: laurence.rusalen@slam.nhs.uk For further information contact Juney Muhammad on 07791680262 or Olive Lewis on 07976924401

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