

solidarity in a crisis



**Need help? Feeling in a crisis?
Don't know where to turn?
We can help.**

Solidarity in a Crisis is a user and carer service providing crisis support and information over the phone or in person in the boroughs of Lambeth, Southwark and Lewisham.



The service is available out-of-hours with peer supporters on-call:

Monday – Friday:

8.00pm – 12.00am

Saturday & Sunday:

8.00pm – 2.00am

Freephone: **0300 123 1922**

Or text us on: **0788 9756 087**

0788 9756 083

Or email: **outofhours-solidarity@certitude.org.uk**



certitude