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# Profile

**Name:** Mary

**Age:** 42

**Lives:** Vauxhall, in her own flat

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## What is important to me?

My flat – It might be messy but it's my home and I love it.

## What I'm good at (my assets)?

I love gardening and I help out at the local community allotment – when I feel up to it I go 2 or 3 times a fortnight. I've got some friends there who give me spare veg and I like a cup of tea and a chat.

## What's working well in my life?

I like my own routine – doing things my way.

## What I'd like to change

They are trying to get me to leave my flat – I'm not happy about it.

## Key people in my life

I've got a cousin who I was good friends with when we were kids. I think about her a lot but she hasn't been in touch for years. I like the people at the allotment and Ali in the local shop.

## What other people think or say about Lloyd

The CMHT feel that Mary would be better placed in supported housing as they feel she does not have the capacity to understand the reasons why she has to take her medication and she often disengages from services (she has been supported by the CMHT for many years). When this happens, her physical health suffers (she has type one diabetes) as does her personal care.

## What does staying well mean to me?

Getting to the allotment and going to the local shop for my magazine and a chat to Ali (the shop owner)