



Profile

Name: Magda

Age: 53

Lives: Streatham Hill,
with her partner Sara

What is important to me?

I'm a primary school teacher and I love it. It's much more than a job – its part of who I am. I'm passionate about getting the best start for the kids in my class.

What I'm good at (my assets)?

I think I'm a good teacher, although it doesn't always feel that way at the moment. I also love singing – I'm a member of the local choir but I haven't been for a while.

What's working well in my life?

My job – its everything.

What I'd like to change

Since my Mum died 4 months ago I just seem to have lost all the joy in my life.

Key people in my life

Sara is my rock.

What does staying well mean to me?

I'm not sure that I know. I don't really see myself as ill; I just don't want to feel like this anymore.

What other people think or say about Lloyd

Sara is worried that Magda is using work to block out how she is really feeling. Magda's GP thinks she is depressed and has prescribed her anti-depressants