



Profile

Name: Llyod

Age: 21

Lives: Stockwell, with his parents

What is important to me?

Keeping up with my peers and not feeling stigmatised or treated differently. Not having to think about 'mental health'

What I'm good at (my assets)?

Football – I play five a side.

What's working well in my life?

I've got good friends.
I'm back at college after skipping a couple of years.

What I'd like to change

I hate taking Olanzapine – it makes me really slow and tired. I don't like the weight gain either. I hate going to the medication clinic as it makes me focus on the mental health ... and they will give me a hard time if I haven't been taking the medication.

Key people in my life

Mum and Dad.
My younger brother – he looks up to me and I need to be his role model .
My friends – from football and at college.

What other people think or say about Lloyd

His parents are tired of having to worry about whether or not he is smoking and whether he is taking his medication. They don't feel as if they get any support and they are worried about the level of support Lloyd is getting.
The worker at the medication clinic says that he is non-compliant, as he often doesn't take his Olanzapine. They suspect he is starting to smoke more.

What does staying well mean to me?

Staying well means just being an ordinary young guy.